

You are invited to join the
Waveney Valley
LETS

Local Exchange Trading Scheme

How does LETS work?

On joining you are allocated a number of LETS to get you started. These are tokens to enable you to exchange services or goods with other group members. What you offer the scheme will earn you LETS to 'spend'. Your 'wants', 'offers' and contact details will be added to a list that will be emailed regularly to members. Members then contact each other to take up offers and exchanges.

Services and goods that might be on the list:

help in the garden or with cleaning, seeds, basic computer skills tuition, produce from a garden or allotment, guitar lessons, help with decorating, babysitting, dog walking, cake making, knitting, flower arranging, shopping, letter writing, selling items on eBay or anything else that might reasonably be exchanged without jeopardising the livelihoods of local people trying to earn a living.

Interested?

Phone Barbara on
01379 586 849 or
email: b_vidion@yahoo.com



More info on website: www.metfield.org.uk

For a fuller explanation of LETS, visit Letslink UK at www.letslinkuk.net